



Mayor Adrian Fenty

# Hillcrest Recreation Center 2007 Fall Program Schedule

202-645-9200



Clark Ray, Director

<u>Program Name</u>	<u>Program Description</u>	<u>Dates / Time</u>	<u>Age</u>	<u>Fee</u>
<b><i>Cultural Arts</i></b>				
Distinguished Gentlemen	To connect with the men of Hillcrest to provide financial, spiritual, emotional, and community outreach support. The focus is to establish a strong “men’s community” in our Hillcrest neighborhood.	Every Other Wednesday 6:30pm – 8:00pm	All Ages	None
Introduction to Cooking	Students will learn to prepare and cook various foods from different nationalities.	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays 7:00pm – 8:30pm	14 – 20 yr. olds	None
<b><i>Personal Enrichment</i></b>				
After School Access	This program is to help the youth complete daily school assignments, to have their education enriched and to have fun while learning.	Monday through Friday 3:30pm – 5:00pm	6 – 13 yrs. old	None
Interstages	An after school youth program for middle school girls, including personalized academic support and connecting to history through music.	Monday through Friday 3:30 – 7:00 pm	Middle School (Grades 6 – 8)	None
Mocha Moms	The South East Washington DC Chapter of Mocha Moms would like to invite all the stay at home mothers to bi-monthly support group meetings to hear guest speakers, learn from each other and socialize.	Second and Third Tuesday of every month 11:30am – 1:30pm	Parents with children	None
Computer Access	This is for individuals that want to freely use the computer for various reasons and want help with accessing the internet or Microsoft Office Suite.	Monday through Friday 11:00am – 12:00pm	9 – 30 yr. olds	None
<b><i>Winter Sports</i></b>				
Adult Basketball Drop-In	Participants can play full court pick-up games or generate leagues to compete citywide.	Monday, Tuesdays, Wednesdays, & Fridays 7:00pm – 8:45pm	14+	None

Indoor Soccer	Children and teens learn different techniques, fundamentals, and the skills necessary to play the sport safely.	Tuesdays, Thursdays 5:00pm – 6:00pm Saturdays 10:00pm – 12:00pm	12 and under	None
Flag Football	Participants learn teamwork, the fundamentals of the game, and basic aspects of the game.	Mondays & Wednesday s 5:30 – 9:00 pm	9-11 yr. olds 12-14 yr. olds	None
Young Adult Basketball	Participants will learn teamwork, sportsmanship, and fundamentals of basketball.	Tuesdays & Thursdays 5:00pm – 7:00pm	13 – 17 yr. olds	None
Multisports	Participants will learn about various sports and their traditions.	Mondays, Wednesdays, Fridays 5:00pm – 7:00pm	6 – 14 yr. olds	None
30 and Over Basketball	All adult come out and bring your five friends for a brief basketball workout.	Thursdays 7:00pm – 8:45pm Saturdays 12:00pm – 2:00pm	30+	None

### ***Clubs and Leisure Activities***

Sewing Circle	Gather to learn the basic of the craft and produce a fabulous outfit.	1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays 12:00pm – 3:00pm	Open	None
Teen Club/ Teen Council	A youth club which will focus on a variety of topics from hygiene to conflict resolution while having fun attending local events. This club will also focus on educational empowerment and personal enrichment in everyday life.	Fridays 6:00pm – 7:30pm	12 – 19 yr. olds	None
Arts and Crafts	Develop your child's artistic side! Fun, creative projects keep children interested and motivated.	Mondays 5:30pm – 6:30pm	6 – 17 yr. olds	None
Young Ladies on the Rise	Female participants engage in leisure, social, educational and community service experience.	Thursdays 6:00pm – 7:00pm	6 – 18 yr. olds	None
Double Dutch	Come learn the basics of double dutching for beginners and come learn new tricks for those more experienced.	Wednesdays & Fridays 6:00pm – 7:00pm	8 – 17 yr. olds	None
Modeling Troupe	Come learn the techniques of walking, runway, movement on a catwalk, etc.	Mondays & Wednesdays 6:00 pm – 7:00pm	8 – 19 yr. olds	None

Scrabble Club	Come learn about this intriguing pastime that helps build vocabulary and is an enjoyable leisure activity. We have participants at all levels of proficiency and our main objective is to have fun.	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays 6:30 – 7:30pm	14+	None
Fundamentals of Basketball	Come develop your skills with various workouts.	Mondays & Wednesdays 6:00pm – 7:00pm	10 – 25 yr. olds	None

**For more information about programs offered by DPR, please visit our web site at [www.dpr.dc.gov](http://www.dpr.dc.gov)**