



# NEWSLETTER

HILLCREST COMMUNITY CIVIC ASSOCIATION

P.O. Box 30895

Washington, D.C. 20030-0895

[www.HillcrestDC.com](http://www.HillcrestDC.com)

[HillcrestDC@yahoo.com](mailto:HillcrestDC@yahoo.com)

**Next Meeting:** Saturday, Jan. 5, 2008, at 10 a.m.

**At the Hillcrest Recreation Center, Corner of Denver & 32<sup>nd</sup> Streets, SE**

*NOTE: Meetings are normally held the first Saturday of the month.*

## THOMAS E. Hampton is the January speaker



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**Thomas E. Hampton** was reappointed as Commissioner for the District of Columbia's Department of Insurance, Securities and Banking (DISB) by Mayor Adrian M. Fenty on Jan. 2, 2007. Commissioner Hampton is responsible for the five-bureau agency that regulates financial industries in the District, and enforces all D.C. laws relating to the conduct of financial-service activities.

As commissioner, Hampton's priorities include protecting and educating consumers on financial-service issues including fraud, strengthening investigation and enforcement statutes and procedures, encouraging financial-service companies, especially captives and risk retention groups, to locate to the District, and addressing uninsured health insurance concerns of D.C. residents.

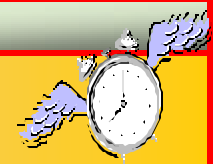
A veteran of the agency since 1988, Hampton most recently held the position of the Deputy Commissioner of DISB responsible for organization-wide policy development and program execution, as well as technical oversight of the insurance, securities, banking and fraud investigation activities. Before joining DISB, Hampton had extensive experience in the insurance industry, especially in property and casualty insurance. He managed the accounting and financial activities of captive insurance companies in Bermuda and Cayman Islands for Cigna Worldwide in New York, and was a supervisor in General Accounting with the American International Group. Hampton has a bachelor's of science degree in accounting from North Carolina Central University and an MBA from St. Johns University in New York. He is a Certified Public Accountant and Certified Financial Examiner.



**Comments**  
Any comments or story ideas, please e-mail the newsletter editor, Michelle Phipps-Evans at [hilcrestdc\\_newsletter@yahoo.com](mailto:hilcrestdc_newsletter@yahoo.com)

### Could this be your Final Issue?

If you see **FINAL ISSUE** stamped on your newsletter, it means our records show you have not paid your 2007 membership dues. Please take a moment to pay both your 2007 and 2008 dues, just \$20 for both years, and don't miss out on Hillcrest news. The Hillcrest Community Civic Association plays an important role in our community, and we hope you will remain a



*(Continued on page 4)*

## Message from the President

*Dear Neighbors,*

It's hard to believe a year has passed since I was elected president of the Hillcrest Community Civic Association. I have to say 2007 presented many challenges with a fast learning curve. It has been an interesting, stressful, busy, exciting year—one that has taken its toll on many aspects of my life. But I refuse to dwell on the negative and try to look forward to 2008 with a positive attitude. We as a community will work together to resolve the issues we face. On Jan. 26, the Board of Directors will hold a retreat. We will be looking at the existing structure of the board to determine if we have the best committee structure in place to continue to move HCCA forward. As your elected representatives we will pool our talents and ideas to provide you with the best leadership model possible. But this is a community association and we represent your interests. If you have any ideas that can help us chart the future direction of our organization, please feel free to contact me at [klwilliams@hillcrestdc.com](mailto:klwilliams@hillcrestdc.com).

We, the Board of Directors hope you had a wonderful Holiday Season and we wish you a Happy and Prosperous New Year! Let's vow to continue to work as a team to make 2008 a year of **Community!**

**Karen Lee Williams**  
President, HCCA

### Special Feature



## Hillcrest's Home Holiday Decorating Contest

By Marvin Bowser



The HCCA Home Holiday Decorating Contest Committee has been busy traveling the streets and byways of wintry Hillcrest marveling at the handy work of our fellow neighbors since Dec. 21. Thanks to everyone who sent in nominations. It really helped the process.



The prizes will be awarded before the first of the New Year. Happy Holidays everyone. We will announce the winners at the January HCCA meeting and in the following month's newsletter.

**Marvin Bowser, Chair**  
**HCCA Strategic Communications**  
**Committee**



**Is something on your mind? Attended a community meeting recently? Send it in for the newsletter**—The HCCA board is soliciting short articles from HCCA membership for 2008. We need brief pieces—50 to 100 words—on any topic relevant to Hillcrest and Ward 7. To contribute, you must be a current HCCA member; send the piece by the 15th of the previous month; and you must stay in your topic parameters. The newsletter editor reserves the right to edit for clarity. The board reserves the right to reject any article that does not conform to HCCA’s standards. We’re not seeking pieces that complain but rather, those that present a solution to a problem. Photos are welcomed to accompany your article. E-mail the newsletter editor at hillcrestdc\_newsletter@yahoo.com.

## Financial Roundtable in Hillcrest

This is the first in a series written by Hillcrest resident Derek Andrews, a career agent with MassMutual Financial Group. He specializes in asset protection and financial growth for individuals and businesses of all sizes. These monthly contributions will cover many financial concepts relevant to all residents in our community. Future financial concepts will include topics ranging from Saving for College to Pension Maximization and everything in between. If you have any questions or suggestions, Derek may be reached at (202) 581-2199, or derekandrews@finsvcs.com.



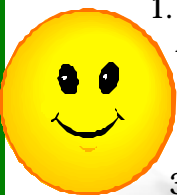
## HCCA WELCOMES THE FOLLOWING NEW MEMBERS

- Cheryl J. Thompson, 3825 W St., SE
- Justin and Jessica Rydstrom, 2106 34th St., SE
- Patricia Stephenson, 3007 W St., SE
- Emmet D. Clark, 2521 33rd St., SE

## MPD Suggests Taking a Holiday Inventory—

The holidays are a good time to update—or create—your home inventory. Take photos or make videos of items, and list descriptions and serial numbers. If your home is burglarized, having a detailed inventory can help identify stolen items and make insurance claims easier to file. Make sure things like TVs, CDs, VCRs, stereo equipment, cameras, camcorders, sports equipment, jewelry, silver, computers, home office equipment and power tools are on the list. Remember to check it twice!

## Things to consider for 2008



1. Take a 10-30 minute walk every day. And while you walk, smile. It is the ultimate anti-depressant.
2. Sit in silence for at least 10 minutes each day.
3. Try to get enough sleep.
4. When you wake up in the morning complete the following statement, “My purpose is to \_\_\_ today.”
5. Live with the 3 Es—Energy, Enthusiasm and Empathy.
6. Watch more movies, play more games and read

more books than you did in 2007.

7. Make time to practice meditation, yoga, tai chi, and prayer. They provide us with daily fuel for our busy lives.
8. Spend more time with people over the age of 70 and under the age of 6.
9. Dream more while you are awake.
10. Eat more foods that grow on trees and plants and eat less food that are manufactured in plants.
11. Life isn't fair, but it's still good.
12. Life is too short to waste time hating anyone.
13. Get rid of anything that isn't useful, beautiful or joyful.
14. Enjoy the ride. Remember this is not Disney World and you certainly don't want a fast pass.
15. Call your family often. Keep in touch.
16. The best is yet to come.
17. No matter how you feel, get up, dress up and show up.
18. Do the right thing!
19. Each night before you go to bed complete the following statements: “I am thankful for \_\_\_.” “Today I accomplished \_\_\_.”
20. Remember you are too blessed to be stressed.

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**Your Final Issue** (Continued from page 1)  
part of it.

If our records are incorrect, and you actually did pay for 2007, all it takes is a phone call or email to Kathy Chamberlain to straighten things out—(202) 581-8272 or [kathychamberlain@rcn.com](mailto:kathychamberlain@rcn.com).

**To all members:** It's time to pay your 2008 dues if you haven't already. Check the address label on the front of this newsletter and see the date under your name. That is the "paid through" date we have on our records. Bring your \$10 check to the next meeting or mail it to the Hillcrest Community Civic Association, P.O. Box 30895, Washington DC 20030-0895. You may pay for multiple years if you wish.

## COMMUNITY CALENDAR FOR JANUARY

5	10 a.m.	HCCA Meeting, Hillcrest Recreation Center 32nd and Denver Streets, SE
7	7 p.m.	Friends of Francis Gregory Library Meeting Francis Gregory Library, 3660 Alabama Ave., SE
9	10 a.m.	Goodhope Marketplace Taskforce Meeting Goodhope Police Substation, 2800 blk Alabama Ave., SE
16	6 p.m.	PSA 606 Police/Community Meeting Lutheran Church of the Holy Comforter, 3319 Alabama Ave., SE
17	7 p.m.	ANC 7B Monthly Meeting Ryland Epworth Methodist Church, 3200 "S" St., SE

**PLEASE NOTE: The new mailing address for the Hillcrest Community Civic Association is:  
HCCA  
P.O. Box 30895  
Washington, D.C. 20030-0895**

Have you paid your dues for 2007? Your paid-through date is on the mailing label of this newsletter. If it is earlier than 2007, please send your payment now!

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ ZIP code: \_\_\_\_\_

Phone number: \_\_\_\_\_ E-mail: \_\_\_\_\_

New Member: \_\_\_\_\_ Renewal: \_\_\_\_\_

I'd like to serve on the following committee(s): \_\_\_\_\_

**Annual dues are only \$10 . Make check payable to the Hillcrest Community Civic Association  
and mail to:  
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