



Hillcrest Community Civic Association

"Working Together for a better Community"
www.Hillcrestdc.com
P.O. Box 30895, Washington, DC 20030-0895

HILLCREST NEWSLETTER

Hillcrest Community Civic Association Newsletter

March 2019

JANUARY COMMUNITY MEETING SCHEDULE

HILLCREST COMMUNITY CIVIC ASSOCIATION MEETING

Hillcrest Recreation Center
32nd and Denver Street, SE
Saturday, March 2, 2019
11:00 AM

PSA 606 POLICE
COMMUNITY MEETING
East Washington Heights
Baptist Church

2200 Branch Ave., SE
Wednesday, March 20, 2019
6:00 PM

ANC 7B MONTHLY MEETING

Ryland Methodist Church
3200 S St., SE
Thursday, March 21, 2019
6:30 PM

Friends of Francis Gregory
Library

3660 Alabama Ave., SE
Monday, March 4, 2019
7:00 PM

Pay 2019 Dues

\$20.00 per household

Make checks payable to
HCCA

Send to: P.O. Box 30895
Washington, DC 20030
or at

[www.hillcrestdc.com/hcca/
paydues.html](http://www.hillcrestdc.com/hcca/paydues.html)

Guest Speaker

Judith Copeland - Wheeler RN, NP Candidate, QHMP (A-C), Behavioral Consultant



Judith Copeland-Wheeler received her Bachelor of Science in Nursing from Howard University in 1990 and is certified in the specialty areas of Intensive Care Medicine, Acute Care, Geriatrics and Medical/Surgical Nursing. Since December 1996, she and her husband have owned and operated Circles of Hope Psychotherapy & Addiction Services (an Intelligent Service), where she is the Medical Director.

Change in Date and Time for PSA 605, 606, and 607 Community Meetings

Per Commander Durriyua Habeebullah, beginning April 17, 2019 the monthly PSA meetings will be held on the 3rd Wednesday of every month at 6:30 P.M. PSA will host new combined Sector Meetings which includes PSA's 605, 606, and 607. These meetings will be held at the DC Dream Center located at 2826 Q St, SE. To contact Commander Habeebullah call, 202.698.0990.

Passing of a Hillcrest Civic Association Member



The HCCA family extends our condolences to the family of Mathew (Cutty) Jones. Mathew passed away on Monday, February 11, 2019. He was a long time resident of Hillcrest and a member of the Hillcrest Community Civic Association since 1993. At the time of printing of this newsletter no information on his arrangements were available. Our prayers are with his family!

East Washington Heights Baptist Church Butterfly Garden

Submitted by Katie Ahlfeld



According to a recent global study, 40% of insect species are declining and a third are endangered. The rate of extinction is eight times faster than that of mammals, birds and reptiles. Populations of monarch butterflies and other important pollinators, including native bees, are in serious decline across North America but they can find a small oasis at the butterfly garden at the East Washington Heights Baptist Church, maintained by the HCCA. The flowers on native plants provide food for beneficial

insects like butterflies and native bees as well as the ruby throated hummingbird which migrates every year from southern Mexico up the East Coast of the United States. Milkweed, the cornerstone plant in the HCCA butterfly garden, is the only plant that Monarch caterpillars eat and is critical to their survival. Most species of milkweed contain cardiac glycosides which makes the caterpillars, who eat the leaves, toxic to many predators. This protection continues when they become butterflies. Predators avoid monarch larvae and butterflies because they taste bad or make them sick. Milkweed and other native plants are perennials and are adapted to our local environment so they do not need extensive maintenance, but they can benefit from regular care, especially as we prepare for summer. On March 30 at 9am, the HCCA will hold a workday at the garden, weeding, pruning and putting down mulch. Please join us! For additional information about the butterfly garden or other HCCA Environmental Committee activities please contact:

hcca.enviro@gmail.com

Women's History Month

Submitted by Michelle Peete

Women's History Month had its origins as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982 as "Women's History Week." Throughout the next five years, Congress continued to pass joint resolutions designating a week in March as "Women's History Week." In 1987 after being petitioned by the National Women's History Project, Congress passed Pub. L. 100-9 which designated the month of March 1987 as "Women's History Month." Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women's History Month. Since 1995, Presidents Clinton, Bush and Obama have issued a series of annual proclamations designating the month of March as "Women's History Month."

The popularity of women's history celebrations continues to spread as more people are becoming aware of the contributions of women and girls. This year's theme for Women's History Month is "Visionary Women: Champions of Peace & Nonviolence"



Ladies: It's time to clear out that closet and make room for something "newish"!

Join your neighbors and friends for a care free gathering as we raise money for Hillcrest Day during three hours of sipping and swapping.

How It Works:

Register at
[https://hccasipandswap2](https://hccasipandswap2.eventbrite.com)
 at
 Eventbrite.com
 Prior to March 15, 2019

Remember:
One woman's trash is another woman's treasure!

Each attendee brings 5 items and will leave with at least 5 items. Purses count as 2 items.

Children's items are accepted but do not count toward your 5 items.

In addition to swapping with other attendees, enjoy booths with items to purchase from local clothing vendors, makeovers from your friendly Mary Kay representative, food, and mimosas!

This event is inclusive of all shapes and sizes so please indicate the size range of your clothing when registering.

Friends of Francis A, Gregory Library.

The Friends of the Francis A. Gregory Library are hosting their annual Chili Cook-Off on Saturday, March 23, 2019 at the Francis A, Gregory Library. Come and enjoy some of the best chili in DC. Enter your favorite Chili dish. Prizes are rewarded for the favorite chili entered. Please contact Yvonne Burke 202-584-3018 or Lilian Chatmon, 202-582-4328 by March 8, 2019. Entry application can be picked up at the Francis A. Gregory Library, 3660 Alabama Avenue SE, Washington, DC 20020. Entries must be returned to the library by March 11, 2019

**Contact: Raymond Keith
rckethjr@yahoo.com**

**PSA 606 Crime Stats
01/15/2018 to 02/19/2019**

Crime Type

Homicide	0
Sex Abuse	1
Robbery No Gun	2
Robbery With Gun	0
ADW No Gun	2
ADW With Gun	0

Total Violent Crimes **6**

Crime Type

Burglary	3
Theft	11
Theft From Auto	7
Stolen Autos	6
Arson	0

For more information on crimes in our PSA, please attend the monthly PSA meeting. March meeting is on Wednesday March 20, 2019 at 6:00 at East Washington Heights Baptist Church.



Porchfestdc

On Sunday, May 19, 2019 from 12 noon to 6:00 PM, Porchfestdc comes to Hillcrest. Bring a chair and enjoy the spoken word performances and bands representing all musical genres. A map of the final performance route will be published the second week of May. To participate as a band; or to volunteer your porch; and to see the final route visit:

www.porchfestdc.com

Hillcrest Newsletter brings you the information of the community



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