



Hillcrest Community Civic Association
 "Working together for a better community"
 www.HillcrestDC.com
 P.O. Box 30895, Washington, D.C. 20030-0895

May 2016

HILLCREST NEWSLETTER

GUEST SPEAKER: CHIEF GREGORY M. DEAN OF DCFEMS

Inside this issue:

Guest Speaker: Chief Gregory M. Dean, DC Fire and Emergency Medical Services	1
Sunday Afternoon Shooting Leads to Peace March	2
Zika Virus Mosquitoes In the U. S.	2
Sidewalk work in Hillcrest	3
5 Food Safety Tips for Summer Grilling	3
A Great Time At Harrington Casino	4



Chief Gregory M. Dean was appointed by Mayor Muriel Bowser to lead the 2,100 member DC Fire and Emergency Medical Services Department (DCFEMS).

Dean previously served for 10 years as the Fire EMS chief for Seattle, Washington, where he led the administrative and operational functions of a team of 1,150 employees with a \$175 million budget. He entered the Seattle Fire Department as a trainee in 1970 and rose through the ranks to become chief. During his tenure in Seattle, he served as fire marshal, assistant chief of administration, deputy chief of personnel and deputy chief of support services.

Chief Dean has also served on the board for the Medic One Foundation, a nationally recognized paramedic training program; and on the Terrorism and Homeland Security Committee for the International Association of Fire Chiefs.

A Seattle native, Chief Dean received a degree in business administration from the University of Phoenix and is a graduate of the Naval Postgraduate School Homeland Security Executive Leadership Program.

Dean previously served for 10 years as the Fire EMS chief for Seattle, Washington, where he led the administrative and

operational functions of a team of 1,150 employees with a \$175 million budget. He brings homeland security expertise and a reputation for working well with residents, labor and other stakeholders.

Dean has a proven track record of results. Under his leadership, Seattle and King County, Washington announced in 2014 that its overall cardiac arrest survival rate had reached an all-time high of 62 percent, up from 26 percent in 2002.

Dean is a member of the International Association of Fire Chiefs' Terrorism and Homeland Security Committee. He has served as chair of the Region 6, Homeland Security Administration and Policy Group and was selected for the Center for Homeland Defense and Security's Master's Program at the Naval Post Graduate School.

Special points of interest:

- **Hillcrest Community Civic Association Meeting**
 Hillcrest Recreation Center
 32nd and Denver St., SE
 Saturday, May 7, 2016
 10:30 AM to 12:30 PM
- **PSA 606 Police Community Meeting**
 East Washington Heights
 Baptist Church
 2200 Branch Ave., SE
 Wednesday, May 18, 6 PM
- **ANC 7B Monthly Meeting**
 Ryland Methodist Church
 3200 S St., SE
 Thursday, May 19, 7 PM

Every **safe** choice we make is an investment into spending more quality time with our **loved ones** or those things that make our lives more **meaningful.**

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SUNDAY AFTERNOON SHOOTING LEADS TO PEACE MARCH

It happened in Hillcrest

Sunday afternoon March 6th. Rev. Damon Dozier (a resident of Hillcrest and an Associate Minister at East Washington Heights Baptist Church), left church service knowing he had a tight schedule that evening. So he decided to stop by the Safeway Shopping Center (30th St. & Alabama Ave) and purchase some chicken to speed up dinner at his home.



Prior to entering the grocery store, he heard a sound similar to fire-crackers. Looking across the street toward the BP gas station, he saw people running as if they were trying to escape from something.

One young man was not running very fast. Actually he was limping. As he hobbled along he called out, "somebody help me." What startled Rev. Dozier was that people seemed to be avoiding the young man. They appeared to be "loathe to help."

The wounded man managed to drag himself across Alabama Avenue to the shopping center. There were only two people who came to the aid of the young man—Rev. Dozier and a kind woman.

They determined that he had been shot in both legs. What they did not know was that another victim, Ms. Ivy Tonett Smith, lay dying at the bus stop in front of the BP station.

Rev. Dozier and the kind woman took the male victim into a store where they provided first aid. It took about 20 minutes for an ambulance to arrive, but the man did survive.

Needless to say, this incident was very disturbing to

Rev. Dozier. He discussed his feeling with his Pastor, the Rev. Kip Banks, and asked that the Church sponsor a neighborhood peace march and rally.

The following Sunday, March 13th, a "stop the violence rally," moved from the church lawn to the site of the murder on Naylor Road. Several Hillcrest neighbors participated in the march. One gentleman, who often spends time talking to people along Alabama Ave., fell in with the marchers. "I knew that lady," he quietly said.

Compounding this tragedy was the knowledge that less than a year ago, another young woman, Ms. Charnice Milton, was shot and killed at a bus stop across the street. Her father, the Rev. Ken McClinton (of the Living Word Church in Southeast DC), was also present at the rally and spoke to those assembled.

"I don't want to throw cold water on what you are doing," he said, "but you need to do more." He called upon the marchers to get involved in their community. He challenged his listeners to connect with organizations that are trying to bring about change in the neighborhood, such as the ANC.


Channel 7 and Channel 9 television stations covered the march.

Rev. Dozier never made it to the store to get his chicken the previous Sunday. Somehow it did not seem so important anymore.

That old law about 'an eye for an eye' leaves everybody blind. The time is always right to do the right thing.

Martin Luther King, Jr.

ZIKA VIRUS MOSQUITOES IN THE U.S.

(Asian Tiger) 

For many years, gardeners/nature lovers have put up with a persistent nuisance unknown to previous generations of Americans: A stealthy parasite named the Asian tiger mosquito. The tiger mosquito arrived in Texas from Japan in the mid-1980s and has been annoying Washingtonians since 1997. This year, the



insect brings a different dynamic to our world, as a potential carrier of the Zika virus. This mosquito is distinguished from other species by its habit of biting in broad daylight and its coloration: It is black with distinctive white markings. Controlling it won't be easy, because it thrives and spreads on the human landscape of stuff. Clutter, trash and water. Things in our lives, that we either ignore or we

Continued on Page 3....

ZIKA MOSIQUITOES continued...



take for granted. The winged adults are first seen in May and peak in high summer, but they can remain a pest until October.

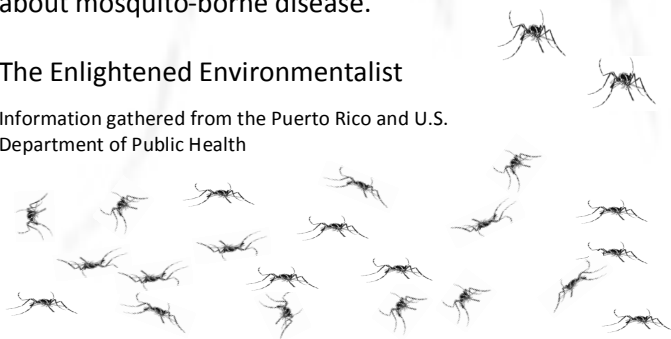
How worried should we be? With determination, the right clothing and some insect repellent (Deet), people who need or want to spend summer hours outdoors, can go about their business. And, it has been said, that bites of the tiger mosquito are not as irritating or enduring as salt marsh mosquitoes. For most, it presents as a rash, joint pain and maybe some reddened eyes. So far, U.S. residents with confirmed Zika infections—three have been reported in the District as of February 17. On March 11, Puerto Rico’s Health Department reported 201 confirmed Zika cases and warnings, that the U.S. territory could face an epidemic of mosquito-borne virus. Officials said 21 of those cases involved pregnant Brazilian women.

In light of the Zika virus threat, it floors me that not one of the egomaniacal Presidential candidates have mentioned these insect **terrorist** during any of the debates, that they’ve had this election season. However, President Obama has moved \$79 million to battle Zika; and, called on Congress to act immediately on his request for an additional \$1.9 billion. Congress continues to drag their feet with obstructionism. Countering the Asian tiger mosquito is difficult, because the insect evolved to raise its larval young in tiny pockets of water, which in home gardens are wheelbarrows, pots, watering cans clogged gutters, children’s toys, trash....etc. This environment can become perfect basins for mosquito larvae, which can develop into adults in a week.

An ounce of prevention. Homeowners clean your yards of trash and debris. Remove standing water and apply larvicides where needed to pockets of water. Become involved in community clean-ups. Last, but not least, promote educational programs in neighborhood schools about mosquito-borne disease.

The Enlightened Environmentalist

Information gathered from the Puerto Rico and U.S. Department of Public Health



Sidewalk Work In Hillcrest

The completion of sidewalk networks requested in the past are now being done on the following streets in Hillcrest.

Branch Ave	O Street	P Street	W Minor Arterial
Branch Ave	Pennsylvania Ave	S Street	W Principal Arterial
Branch Ave	S Street	T Street	W Principal Arterial
Branch Ave	T Street	33rd Street	W Principal Arterial
Branch Ave	33rd Street	Park Drive	W Principal Arterial
Alabama Ave	Pennsylvania Ave	Q Street	N Minor Arterial
Alabama Ave	Massachusetts Ave	Stanley St	N Minor Arterial

5 FOOD SAFETY TIPS
for summer grilling
FROM THE NATIONAL RESTAURANT ASSOCIATION

- 1. WASH YOUR HANDS**
Hand-washing is the first defense against cross-contamination — i.e. not spreading germs from one place to another. Wash hands before handling any food, and always after handling raw meats.
- 2. PACK YOUR COOLER CORRECTLY**
Always keep cold foods cold; use a thermometer to make sure you are maintaining a temperature of 41°F or lower. Pack raw food that you intend to cook (like raw hamburgers) in a separate cooler from food that is already cooked and ready to eat, including beverages and produce. If you use ice in your raw foods cooler, don't use that ice for anything else.
- 3. PREP RAW AND READY-TO-EAT FOODS SEPARATELY**
Use separate cutting boards and other prep surfaces for raw and cooked food to minimize cross-contamination risk. A good way to remember which is which is to use different colored boards, for example red for meats and green for vegetables.
- 4. USE SEPARATE PLATES AND UTENSILS FOR RAW AND COOKED FOODS**
After putting raw burgers, chicken breasts or other meats on the grill, switch to clean spatulas, tongs and plates. Using the same utensils and surfaces for uncooked and cooked meats could lead to cross-contamination.
- 5. COOK FOOD TO SAFE TEMPERATURE**
Raw meat and poultry could contain bacteria that can lead to foodborne illness if not properly cooked. Because heat kills bacteria, be sure to cook hamburgers to an internal temperature of 155°F for at least 15 seconds. Chicken and turkey are safe at 165°F, and steaks and chops at 145°F. Always use a meat thermometer and measure the middle of the thickest part of the food.

RESTAURANT ASSOCIATION Restaurant.org
NATIONAL FOOD SAFETY ServSafe

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A GREAT TIME AT HARRINGTON CASINO

The HCCA Fundraising committee sponsored its first casino bus trip to Harrington Casino on March 31, 2016. The 55-passenger bus was sold out by my experienced ticket sellers, Nancy Harris and Sheila Brown. On the 31st, the Fundraising committee served light refreshments on the way to the casino and back. Thank you to Karen and Earl Williams for handling the “goodies” and Terence Peete for handling all the game and prizes on the trip. The Fundraising committee recognizes Phil and Mary Hammond, Mary Ross, Rolfe Harris, Mary Louise Harris and Tiffany Brown for their special donations and

gifts to the trip. Some people lost and some people won, but everyone enjoyed the trip. Thank you to all who bought tickets to support the Association.



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Have you paid your dues for 2016?

Your paid through date is on the mailing label of this newsletter. If the date is earlier than 2016, please send your payment now. The cost is \$15.00/year, \$24.00 for 2 years. Make check payable to HCCA and send to P.O. Box 30895, Washington, DC 20030 or you can pay by credit card at:

www.hillcrestdc.com/paydues.htm

Got Ideas!

Please email any ideas or articles for the newsletter by the 15th of the month to hillcrestdc_newsletter@yahoo.com

Follow on Twitter @HillcrestWard7 or write on the Facebook Wall, All Over Hillcrest



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